DIET SANDWICH RECIPES



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This hot sandwich recipe does double-duty as both a breakfast and lunch dish. Cinnamon-raisin bread, honey, and fig preserves offer a sweet taste while the sliced basil gives fresh flavor and a punch of color.

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Healthy Sandwich Recipes EatingWell

In this vegan copycat recipe of barbecue pulled pork, we swap out meat for jackfruit, a tropical fruit that when not fully ripe, has a texture similar to shredded pork. The mild-flavored fruit soaks up the delicious homemade barbecue sauce for a finger-licking-good sandwich filling. Top the sandwiches with a fresh slaw for a satisfying meal.

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35 Fantastic Vegetarian Sandwiches MyRecipes

Open-Faced Mushroom, Tomato, and Goat-Cheese Sandwich Recipe Spread sharp-tasting goat cheese on sourdough bread and top with "meaty" Portobello caps, sliced red pepper and tomato for a satisfying knife-and-fork sandwich.

http://ebookslibrary.club/35-Fantastic-Vegetarian-Sandwiches-MyRecipes.pdf

Sandwich Recipes Allrecipes com

For a smoky and sumptuous veggie-filled grilled sandwich, try this easy recipe. All it takes is some veggies, focaccia bread, lemon-mayonnaise dressing, and crumbled feta. All it takes is some veggies, focaccia bread, lemon-mayonnaise dressing, and crumbled feta.

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Sandwich recipes 35 easy sandwich recipes for breakfast

Mushroom sandwich: You can find 2 recipes using mushrooms in the post. Spicy garlic mushrooms in a french baguette. Makes a great meal with tomato soup. Mushroom cheese sandwich recipe, suitable for evening snack or breakfast. It s Kids friendly too.

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Healthy sandwich recipes BBC Good Food

Not sure what to cook? We ve pulled together our most popular recipes, our latest additions and our editor s picks, so there s sure to be something tempting for you to try.

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